

# What if your combination appliance helps prevent unnecessary fire alarms from going off?\*



- **NEW** patent-pending 1st Defense™ Smoke Sensor
  - **NEW** USB Charging Station
  - Patented current limiting technology



Safety Comes First™

3.0RMF4H-7D1W

**NEW 1st Defense™ Smoke Sensor**



The patent-pending internal smoke sensor automatically shuts microwave operation and alerts user of smoke before any damage is done.

**NEW USB Charging Station**



Next generation charging station offers two USB ports and one traditional outlet to conveniently charge small electric devices.

**Safe Plug™ Technology**



Provides protection against circuit overloads for user safety and convenience. Blue plug on refrigerator plugs into back of microwave for energy efficient one-plug to the wall operation.

**Refrigerator Specifications**

Annual energy consumption **319 kWh** based on standard DOE test.

**Electrical Requirements**

Power .....	115 V/97 W
Start-up amps .....	7.3A
Run/normal operating amps .....	0.95A

**Exterior Dimensions**

Height* .....	34 3/8" (87.6 cm)
Width .....	18 1/8" (47.3 cm)
Width with door open 180° .....	36 1/8" (92.1 cm)
Depth .....	20 3/8" (51.1 cm)
Depth with door open 90° .....	37 1/8" (94.6 cm)
Weight .....	57 lbs (25.85 kg)
Shipping Weight .....	65 lbs (29.48 kg)

\*Height measurement is with bracket.

**Exterior Dimensions**

Total volume .....	3.0 cu. ft. (85.0 liters)
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**Refrigerator Features**

- 1 full and 1 half-width wire shelves
- 2 full-width door shelves
- Temperature control
- Semi-auto defrost
- White interior
- Easy grip handles simplify opening and closing of appliances
- Transparent crisper
- Estar rated

**ADA Compliant\***

- 100% of fresh food space is below 54"
- At least 50% of freezer space is below 54"
- Controls are below 48" operational with one hand, and do not require tight grasping
- Easy grip handles

**Freezer Features**

- Zero-degree freezer
- Manual defrost
- Full-width door shelf
- 1 ice cube tray

**Cabinet Features**

- Bevel-edge, Tri-Panel door design
- Integrated door handle
- Cord management hinge clip system
- Reversible door hinge
- Leveling legs
- 5.5 ft (1.68 meters) cord



**Microwave Oven Specifications**

**Electrical Requirements**

Power .....	120 V/60 Hz
Power output, defrost .....	280 watts
Power output, cook .....	700 watts
Start up amps .....	10.9
Total amps for plugs front/rear .....	4/9

**Exterior Dimensions**

Height .....	10 1/8" (26.8 cm)
Width .....	18 3/8" (46.0 cm)
Depth without handle .....	14 1/8" (36.6 cm)
Weight .....	26.5 lbs (12.0 kg)
Shipping Weight .....	28.2 lbs (12.8 kg)

**Exterior Dimensions**

Oven capacity .....	0.7 cu. ft. (19.8 liters)
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**Microwave Features**

- **NEW** internal smoke sensor
- **NEW** USB charging station with 4 amps max for the 2 USB ports and one charging station
- Easy-grip pull door
- Express cook settings
- Programmed cooking options
- LED display and clock
- Signal beeper with adjustable volume
- Removable 10 1/8" (27.1 cm) glass carousel
- 5.0 ft (1.5 meters) cord



**Combination Unit Specifications**

**Electrical Requirements**

120 Volt, 60Hz, 15 amp electrical supply

**Combination Unit Dimensions**

43 3/8" (109.7 cm) H x 18 1/8" (47.3 cm) W x 20 3/8" (51.1 cm) D

**Minimum Clearances**

1" (2.54 cm) on each side, 2" (5.1 cm) in back, 1" (2.54 cm) on top

**Warranty information**

Strongest 7-Year Industry Warranty with on-site service

**Additional Options**

- Classic White with Left Door Hinge (3.0LMF4H-7D1W)
- Classic Black with Right Door Hinge (3.0RMF4H-7D1)
- Classic Black with Left Door Hinge (3.0LMF4H-7D1)
- True Stainless Steel with Right Door Hinge (3.0RMF4H-7D1S)
- True Stainless Steel with Left Door Hinge (3.0LMF4H-7D1S)



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Specifications are subject to change. Please contact your sales representative for further details.

\*Meets ADA Compliance when placed 15" above ground.