

What if your combination appliance helps prevent unnecessary fire alarms from going off?*



- **NEW** patent-pending 1st Defense™ Smoke Sensor
 - **NEW** USB Charging Station
 - Patented current limiting technology



Safety Comes First™

3.0RMF4H-7D1S

NEW 1st Defense™ Smoke Sensor



The patent-pending internal smoke sensor automatically shuts microwave operation and alerts user of smoke before any damage is done.

NEW USB Charging Station



Next generation charging station offers two USB ports and one traditional outlet to conveniently charge small electric devices.

Safe Plug™ Technology



Provides protection against circuit overloads for user safety and convenience. Blue plug on refrigerator plugs into back of microwave for energy efficient one-plug to the wall operation.

Refrigerator Specifications

Annual energy consumption **319 kWh** based on standard DOE test.

Electrical Requirements

Power	115 V/97 W
Start-up amps	7.3A
Run/normal operating amps	0.95A

Exterior Dimensions

Height*	34 3/8" (87.6 cm)
Width	18 1/8" (47.3 cm)
Width with door open 180°	36 3/8" (92.1 cm)
Depth	20 3/8" (51.1 cm)
Depth with door open 90°	37 1/8" (94.6 cm)
Weight	57 lbs (25.85 kg)
Shipping Weight	65 lbs (29.48 kg)

*Height measurement is with bracket.

Exterior Dimensions

Total volume	3.0 cu. ft. (85.0 liters)
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Refrigerator Features

- 1 full and 1 half-width wire shelves
- 2 full-width door shelves
- Temperature control
- Semi-auto defrost
- White interior
- Easy grip handles simplify opening and closing of appliances
- Transparent crisper
- Estar rated

ADA Compliant*

- 100% of fresh food space is below 54"
- At least 50% of freezer space is below 54"
- Controls are below 48" operational with one hand, and do not require tight grasping
- Easy grip handles

Freezer Features

- Zero-degree freezer
- Manual defrost
- Full-width door shelf
- 1 ice cube tray

Cabinet Features

- Bevel-edge, Tri-Panel door design
- Integrated door handle
- Cord management hinge clip system
- Reversible door hinge
- Leveling legs
- 5.5 ft (1.68 meters) cord



Microwave Oven Specifications

Electrical Requirements

Power	120 V/60 Hz
Power output, defrost	280 watts
Power output, cook	700 watts
Start up amps	10.9
Total amps for plugs front/rear	4/9

Exterior Dimensions

Height	10 3/8" (26.8 cm)
Width	18 3/8" (46.0 cm)
Depth without handle	14 1/8" (36.6 cm)
Weight	26.5 lbs (12.0 kg)
Shipping Weight	28.2 lbs (12.8 kg)

Exterior Dimensions

Oven capacity	0.7 cu. ft. (19.8 liters)
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Microwave Features

- **NEW** internal smoke sensor
- **NEW** USB charging station with 4 amps max for the 2 USB ports and one charging station
- Easy-grip pull door
- Express cook settings
- Programmed cooking options
- LED display and clock
- Signal beeper with adjustable volume
- Removable 10 1/8" (27.1 cm) glass carousel
- 5.0 ft (1.5 meters) cord



Combination Unit Specifications

Electrical Requirements

120 Volt, 60Hz, 15 amp electrical supply

Combination Unit Dimensions

43 3/8" (109.7 cm) H x 18 1/8" (47.3 cm) W x 20 3/8" (51.1 cm) D

Minimum Clearances

1" (2.54 cm) on each side, 2" (5.1 cm) in back, 1" (2.54 cm) on top

Warranty information

Strongest 7-Year Industry Warranty with on-site service

Additional Options

- True Stainless Steel with Left Door Hinge (3.0LMF4H-7D1S)
- Classic Black with Right Door Hinge (3.0RMF4H-7D1)
- Classic Black with Left Door Hinge (3.0LMF4H-7D1)
- Classic White with Right Door Hinge (3.0RMF4H-7D1W)
- Classic White with Left Door Hinge (3.0LMF4H-7D1W)



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Specifications are subject to change. Please contact your sales representative for further details.

*Meets ADA Compliance when placed 15" above ground.